



Cristallo Ultimate Spa

Cristallo Hotel Spa & Golf

An oasis of pleasure in the heart of the Dolomites

In prestigious Cortina D'Ampezzo, nestled the spectacular landscape of the Dolomites, one finds the **Cristallo Hotel Spa & Golf**, a historic five-star luxury hotel unique of its kind, exclusive and refined in taste. Opened in 1901, the **Cristallo Hotel** belongs to that small circle of hotels that can count the most important figures of the twentieth century among their guests and more. A perfect marriage between comfort and elegance, crossing the threshold of the Queen's "jewel" means entering a world of privilege, letting oneself be enveloped by a magical turn-of-the-century atmosphere, the stuff of fairy tales.

The **Cristallo Ultimate Spa** is a gateway to mental and physical wellness and the beating heart of the Hotel's offer. A prestigious beauty farm and real oasis of excellence, in July 2011 it won the international recognition of the **Seven Stars and Stripes Award 2011**. The state-of-the-art facility is composed of the **Cristallo FitWell Club**, an exclusive, luxury fitness centre: it is a cutting-edge space that offers an exceptional level of service thanks to state-of-the-art equipment for personalized, flexible and complete workouts, designed for each guest by our personal trainers, and integrated fitness and beauty regimens that maximize the health benefits and aesthetic results of physical activity. Inside the spa one also finds the **Wet Area**, a facility that features a covered swimming pool facing the Tofane, where one may enjoy the breath-taking surroundings year-round, for the complete relaxation of body and mind. A thermarium and sun terrace further enrich a stay at the Cristallo Hotel, for unforgettable experiences. To complete the offer of the wellness centre, the five-star luxury hotel provides its guests an exclusive hair styling service, in a brand new, innovative and comfortable Aldo Coppola atelier, run by an expert team trained on the basis of the philosophy of beauty of the most famous hair stylist in the world of fashion. Here, guests will enjoy high class services and truly unique experiences, with a particular care for healthy hair, with Aldo Coppola's own treatments and products.

Moreover, dedicated to an elite clientele, we offer the **Swiss Beauty Center by Transvital**, offering the most sophisticated connoisseurs of relaxation and care for the body a truly exclusive experience: targeted treatments for the rediscovery of personal beauty in the magnificent setting of the Dolomites.

Thanks to the state-of-the-art beauty programs of the Transvital Swiss Beauty Center, highly trained beauty professionals work in synergy with skill and precision, making full use of exclusive treatments derived from the most advanced Swiss cosmetic research.

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In this oasis of enchantment in the Alps, one may live the dream of infinite sensations of wellness, completing personalized regimens towards total mental and physical balance, in order to rediscover harmony with one's own body. The **Transvital Swiss Beauty Center** offers innovative, personalized treatments for face and body for him and her that can be tuned to diverse needs and tastes: steam baths, manual relaxation techniques and targeted cosmetic regimens for men and women who love to be pampered but also desire concrete, visible results, guaranteed by exclusive treatments. Every **Transvital** beauty protocol starts with a careful skin "check up", to ensure that the selected treatment is in total affinity with the special dermatological needs of every single guest. It is therefore possible to undertake a complete wellness regimen according to the desires and needs of the individual, whether seeking relaxation, revitalization, reshaping or an anti-age treatment. For those who wish to fight the signs of ageing, the Transvital Swiss Beauty Center offers facial and eye contour regimens for every type of skin: lifting for mature, wrinkled skin; soothing for sensitive skin; lightening for skin marked by discolourations and balancing for skin suffering from impurities.

The innovations of the Transvital research laboratories also offer "five star" treatments featuring the best of the soothing and toning Firming Line which, in synergy with connective massage, reactivates microcirculation, or ultra-effective Perfecting, the queen of anti-age care, with a comprehensive action for instantly younger-looking skin.

One of the avant-garde anti-age treatments offered by Trasvital is the **Oxygenating Experience for Face**. A true lifting treatment in a hyperbaric chamber, its effect is intense and immediate, eliminating the need for surgical cuts and sutures. In greater detail, this therapy utilizes a miraculous combination of two actions. The first is the Regenerating Experience for Face, a restorative facial massage that uses the Regenerating Line, the latest and most advanced Transvital line for fighting the signs of skin ageing. This treatment includes the deep cleansing of the epidermis through the combined action of toning and exfoliation. Following this treatment, the skin is ready to welcome the beneficial effects of hyperbaric gas: the so-called "percutaneous infusion" of oxygen and atomization associated with a vial of hyaluronic acid. After the "soothing bath", one proceeds to the facial massage followed by the **Perfecting Mask**, a facial mask which likewise features an oxygenizing effect and, completing the regimen, a final application of moisturising serum. The Oxygenating Experience belongs to the latest generation of anti-age treatments. It profits from the beneficial power of hyperbaric gas, which works in a one hundred percent natural, effective and immediate way on the principal cause of skin ageing: lack of cellular oxygenation. Oxygen treatment, in fact, literally compensates for this lack integrating processes for reconstructing the skin in a completely natural way, stimulating the tissue and penetration of lifting substances.

For the recovery of tone and a perfect *remise en forme*, the Transvital Swiss Beauty Center offers

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soothing, restructuring and draining treatments for the body. Or **Pressotherapy**, which uses special, state-of-the-art equipment to fight imperfections and disturbances tied to the circulatory system for the achievement of total wellness.

Hands and feet are not to be forgotten, always in perfect form thanks to comprehensive regimens for relaxation and beauty.

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